

Bahamas Fly-Out 2023

Airplane Rental Cost Estimates



	C172 Analog	C172 G1000	C172 G1000NXi	C182 G1000	SR20	SR22
Hourly Rate	\$ 199.00	\$ 214.00	\$ 239.00	\$ 272.00	\$ 300.00	\$ 407.00
Airplane Daily Minimum Charge	3	3	3	2	2	2
Length of Trip (days)	4	4	4	4	4	4
Minimum Rental Charge for Trip	\$ 2,388.00	\$ 2,568.00	\$ 2,868.00	\$ 2,176.00	\$ 2,400.00	\$ 3,256.00
Flight Hours to MLYS & Back via KFXE*	11	11	11	9	9	8
Rental Cost to MLYS and back	\$ 2,189.00	\$ 2,354.00	\$ 2,629.00	\$ 2,448.00	\$ 2,700.00	\$ 3,256.00
Optional Island Hopping Flights (suggested route)						
Island Hop Route 1: MLYS MYLD MYCI						
MYAP MYMM MYSM MYRP MLYS*	4.0	4.0	4.0	3.5	3.5	3.0
Island Hopping Rental Cost	\$ 796.00	\$ 856.00	\$ 956.00	\$ 952.00	\$ 1,050.00	\$ 1,221.00
Island Hope Route 2: MLYS MYLD MYEG						
MYES MYEM MYER MYSM MLYS*	4.0	4.0	4.0	3.5	3.5	3.0
Island Hopping Rental Cost	\$ 796.00	\$ 856.00	\$ 956.00	\$ 952.00	\$ 1,050.00	\$ 1,221.00

* Flight time estimates subject to change based on weather and route amendments

3rd Decembr, 2022

Dave Presnell
David@atlasaviation.com
825 Severn Avenue

Reservation Coordinator: Starlene

Qty	Description	Rate	Amount
	Accommodation for 3 nights May 12th to 15th 2023		
	2 Adults		
3	One Bedroom Beachfront Bungalow- based on double occupancy	\$225.00	\$675.00
	Package includes: Complimentary conch fritters at Happy Hour, and complimentary use of bicycles & ocean kayaks.		
0	Extra person fee \$50.00 per person per night	\$50.00	\$0.00
6	Energy Surcharge (per person, per night)	\$3.50	\$21.00
	<i>Accommodations Subtotal</i>		\$696.00
	Value Added Tax on Accommodatios (VAT) 12%		\$69.60
0	Children's Full Meal Plan - breakfast, lunch and dinner (per day)	\$39.00	\$0.00
0	Children's Modified Meal Plan - breakfast and dinner (per day)	\$31.00	\$0.00
0	Adult Full Meal Plan - breakfast, lunch and dinner (per day)	\$83.00	\$0.00
0	Adult Modified Meal Plan - breakfast and dinner (per day)	\$67.00	\$0.00
	<i>Meal Plan Subtotal</i>		\$0.00
0	Value Added Tax on Meal Plan (VAT) 12%		\$0.00
6	Housekeeping Service Charge (per person, per night)	\$6.00	\$36.00
	15% Gratuity on Meal Plan		\$0.00
Total US\$			\$801.60

** All bookings are subject to a 25% deposit, cancellations subject to 30 days notice for full refund blackout dates require 60 days notice*

Cape Santa Maria Beach Resort & Villas
P.O. Box LI30117, Galliot Cay, Long Island, Bahamas
Tel: 242-338-5273 | 1-800-926-9704 | Fax: 242-338-6013
www.capesantamaria.com

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1

COLUMBUS MONUMENT

Set aside four or five hours to immerse yourself in the 'true' Bahamas. Guided or self-guided excursions along historic Queen's Highway takes you to breathtaking vistas, local artisans, island hang-outs, and truly unparalleled natural attractions. Our front office team can arrange an experienced local guide to provide an historical Bahamian perspective on what drives the pulse of Long Island. Alternatively, rental cars are also available over our front desk for those interested in creating their own adventure.

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HAMILTON'S CAVES

Hamilton's Cave is the largest cave system in the Bahamas. The Lucayan Indians were thought to have lived here around 500 A.D., and many Lucayan artifacts were discovered in 1936. The cave is named after the small settlement of Hamilton's, located south of Salt Pond. It is owned and operated by Mr. Leonard Cartwright, a Long Island native who offers tours through the cave system, with some passages over 15 meters wide and 3 meters high, where he played hide-and-seek with his family as a child. Tours are \$20/adult and can be booked through our front office.



2

ADDERLEY'S PLANTATION

One of the original Loyalist settlements on Long Island. This cotton plantation was granted to Mr. Abraham Adderley in 1790. The original grant of 700 acres expanded to 2500 acres in 1820 and comprised of nine buildings, assorted crops, cotton, and livestock. Absorb the history and embrace the culture you step through the ruins of the original plantation. The trail up to the plantation is lined with shrubs and trees labelled with their common and Latin names and their various uses in the practise of Bahamian 'Bush Medicine'. A visit to Adderley Plantation offers a true education in the origins of a nation.



7

MAX'S CONCH BAR

This roadside conch shack is perhaps the most famous of all Long Island institutions. The quality of the local cuisine, the strength of their rum punch, and the character of the local patrons make this a must visit on any (and every) Long Island road-trip. Gary, Liz and Karnetha and the team will keep you entertained and ensure you leave full of food, a few great Long Island stories, and a priceless memories of 'real' community culture. Look for the international array of flags along the roadside, Max's is directly across the highway.



3

STARFISH TRADERS

Witness some of Long Island's extraordinary craftsmanship and entrepreneurial spirit at Starfish Traders where local artisans create everything from purses to beach bags, and iPad cases to oven-mitts. Their distinctive products incorporate local straw work with bright fabrics and a style all their own. Their shop is open at 10am MTF and features a boutique to purchase their crafts, plus a sewing and cutting room where you can witness some local talent at work!



8

DEAN'S BLUE HOLE

Dean's Blue Hole is the world's second deepest blue hole. Plunging 663 feet (202 meters) to the bottom of the Atlantic Ocean, the blue hole is oval at its surface, with a diameter ranging from 80 to 120 feet (25 to 37 meters). A popular destination for divers and visitors from all over the world, the hole was the location of the recent free diving world record of 274 ft. (83 meters) and home of the Free Diving World Championships.



4

THE SHRIMP HOLE / ST. MARY'S CHURCH

Behind the spectacular ruin of what may be the oldest church in all of the Bahamas (St. Mary the Blessed Virgin est. 1799), is a well-marked trail to one of Long Island's less-known natural attractions. At the end relatively simple 10min hike through the inland indigenous scrub brush is a freshwater limestone cave inhabited by what are thought to be small red Sterrar's Cave Shrimp – a critically endangered cave dwelling arthropod. It is a unique sight to behold and a great way to break up the drive between the North and South of the Island.



5

SEASIDE VILLAGE ECO TOURS

Meet your local tour guide at the Seaside Village dock before you embark on your marine excursion exploring our breathtaking mid-island coastline. The excursion starts from Seaside Village in Deadman's Cay, just over an hour drive from Cape Santa Maria. From here you embark on a spectacular 30min boat ride through the flats with stops along the way to some of the island's most spectacular beaches and sandbars and a visit with local swimming pigs. When you return from your tour, Kenny's Conch Shack is located right on the Seaside Village dock where Kenny serves up one of the very best Conch Salads in the Bahamas. Pre-Booking required with the Cape Front Office team.

THE CAPE LONG ISLAND GUIDE



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CLARENCE TOWN

Long Island's capital has one of the prettiest and safest harbors in the Family Islands. There are two churches in Clarence Town, both designed by architect and priest John Hawes and display similarly striking recognizable twin towers. Monsignor Hawes built the first Anglican/Episcopal, named St. Paul's Anglican Church. The other is Roman Catholic, named St. Peter and Paul. Flying Fish Marina and Lighthouse Point restaurant are modern additions to the neighborhood and provide moorage to some spectacular yachts and offer an extraordinary array of expertly prepared fresh seafood. Witness the local fisherman clean their catch feed the local shark population from the government dock and in the center of town – a favorite Clarence Town highlight for the whole family.



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Cape Santa Maria Meal Plan Options

Adult Full Meal Plan: \$99.00 (plus 15% service charge added to all food and beverage)

Breakfast – choice of any one entrée

Lunch – one starter and one entrée

Dinner – one appetizer, one entrée, plus one dessert

All meals include coffee or tea, and one juice or soda. Refills on juice and soda are not included.

Bottled water, specialty coffees, milkshakes, virgin blender drinks and alcohol are NOT included.

****Please note there is a \$20 surcharge for lobster tail.***

Adult Modified Meal Plan: \$79.00 (plus 15% service charge added to all food and beverage)

Breakfast – choice of any one entrée

Dinner – one appetizer, one entrée, plus one dessert

All meals include coffee or tea, and one juice or soda. Refills on juice and soda are not included.

Bottled water, specialty coffees, milkshakes, virgin blender drinks and alcohol are NOT included.

****Please note there is a \$20 surcharge for lobster tail.***

Child (12 and under) Full Meal Plan: \$49.00 (plus 15% service charge added to all food and beverage)

Breakfast – any one entrée from the regular Breakfast Menu

Lunch – any one item from the Kid's Lunch Menu and one scoop of ice cream

Dinner – junior salad or cup of soup and any one item from the Kid's Dinner Menu, plus one dessert

All meals include one juice, soda or milk. Refills are not included. Bottled water, milkshakes and virgin blender drinks are NOT included.

Child (12 and under) Modified Meal Plan: \$39.00 (plus 15% service charge added to all food and beverage)

Breakfast – any one entrée from the regular Breakfast Menu

Dinner – junior salad or cup of soup and any one item from the Kid's Dinner Menu, plus one dessert.

All meals include one juice, soda or milk. Refills are not included. Bottled water, milkshakes and virgin blender drinks are NOT included.

Meal plans are subject to an additional 10% Value Added Tax (VAT)

If you wish to order additional menu items that are not included in the meal plan, you may do so but please be advised that you will be charged for the additional item(s).





Embark on a scuba or snorkeling tour and discover what lies beneath the surface. Something magical may happen at any moment.

Spend your morning bone fishing on the shallow tidal flats or go further out into the deep sea where the big ones are, and our chefs will prepare your catch for dinner. Sail towards the horizon in a smooth-moving catamaran-style Hobie Cat.

There's a lot to do, but there's also no pressure to do anything. Unearth the unique beat of your internal clock as your concept of time fades. You are only aware of the here and now.



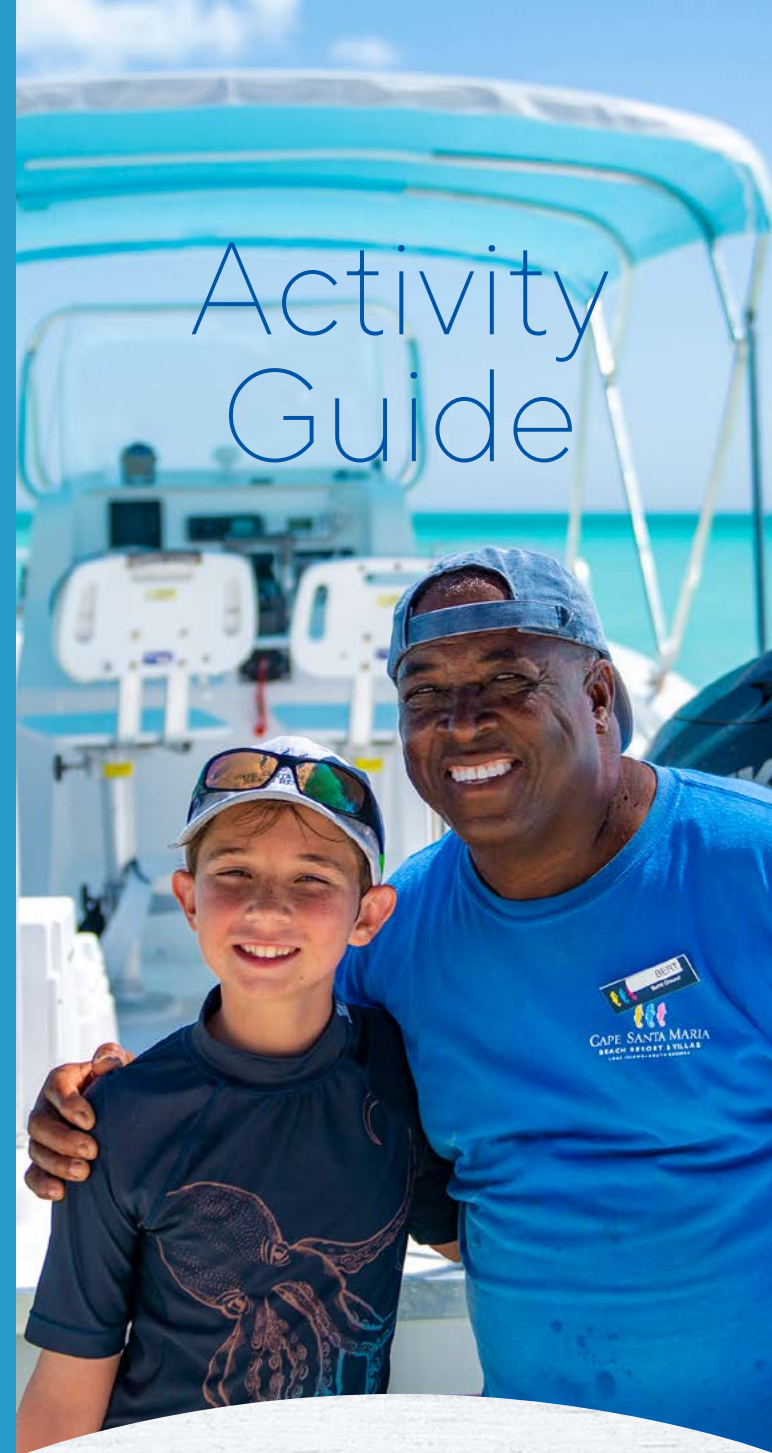
**Cape Santa Maria,
Stella Maris, Bahamas**

1.800.926.9074

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Activity Guide



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Treasures await.

BONE FISHING TRIP

Bone fish are, pound for pound, some of the strongest fish in the sea. Stalk these scrappy fish in ankle deep waters near the resort.

- Catch and release.
Half day - \$375
maximum two people
- Full day - \$495
maximum two people

REEF FISHING TRIP

Action-packed reef fishing is great for family and avid anglers alike. Catch Barracuda, Grouper, Yellow Tail Snapper, Horse-eye Jacks, Amber Jacks, Mackerel, Triggerfish and Ironhead. Save a few and our chef will prepare a feast of fresh fish for your dining pleasure.

- Half day - \$570
maximum four to six people
- Full day - \$950
maximum four to six people

DEEP SEA FISHING TRIP

Fish aboard our 25’ World Cat and experience the big game action of Blue and White Marlin, Dorado, Wahoo, Tuna, Barracuda and Sail Fish.

- Billfish are catch and release.
Full day - \$995
maximum four to six people

FISHING GEAR RENTAL

Fishing gear is also available for rent for those who want to try on their own.

- Four hours - \$20
- Full day - \$30
- Bait - \$10/lb

All fishing trips include bait, tackle and gear
Prices do not include taxes.

The Bahamas are home to more species of rare rock iguanas than any other Caribbean island nation. Most of these Bahamian rock iguanas populate the dry scrub forests and beaches of small desolate islands, including nearby Sandy Cay. Each of these species is unique to the island which they inhabit, varying their colours from solid gray to a kaleidoscope of green, orange, red, blue, yellow and pink.

The Sandy Cay Tour takes you by boat to explore Long Island’s Caribbean coast and then on to Sandy Cay, home of the blockbuster Hollywood movie Pirates of the Caribbean.

Trips depart at 9 a.m. and return at approximately 2 p.m. Picnic lunches can be purchased for an additional cost.

- \$95 adult
- \$75 children (12 and under)

Minimum of six people or \$570 boat fee.

Glide through the crystal clear waters of the Caribbean Sea and see hundreds of technicolor fish, rays and sea turtles. Spend the day searching out trumpet fish, colourful parrot fish and curious scorpion fish. Marvel at the diverse colour of soft and hard coral reefs as you skim the surface of these tropical waters.

Snorkeling trips are two to three hours and include rental of snorkel gear.

- \$65 adult
- \$45 children (12 and under)

Minimum of four people, or \$260 boat fee.



Visit Long Island’s own Pigs in Paradise while exploring our breathtaking mid-island coastline. The excursion starts from Seaside Village in Deadman’s Cay, about a 1hr drive from the resort. From here you embark on a spectacular 30min boat ride through the flats with stops along the way to some of the islands most spectacular beaches and sandbars. Half-day and Full-day trips are available. Car rentals are available through our front desk. Picnic lunches, beverages, and snacks can be purchased through the resort at an additional cost.

Half Day - 10 a.m.- 1 p.m.-\$585*

Includes: swimming with pigs, sand bars, shelling, some light snorkeling upon request (rentals available at the Cape).

Full Day - 10 a.m.- 4 p.m.-\$725*

Includes: swimming pigs, sand bars, marine life exploration, shelling, some light snorkeling (rentals available at the Cape) and/or light fishing. Have the Cape pack you a lunch.

**for 1-4 guests, additional guest half day \$75/each, full day \$95/each.*



The clear blue waters around Cape Santa Maria are alive with vibrant marine life. Take a dive and see the splendor of the Caribbean up close.

SCUBA DIVING

Up to four divers - proof of certification is required. Reef dives, wall dives, deep dives and wreck dives are available. Equipment rental is extra.

- One tank dive
\$105 per person *minimum two people*
- Two tank dive
\$175 per person *minimum two people*

CONCEPTION ISLAND DIVE

Two tank dive, approximately seven hours. Dive the wall at Conception Island National Park, a protected sanctuary that is home to every conceivable underwater plant, mammal and fish.

- \$650 per boat

*Equipment rental not included in price.
Maximum four people.*

EQUIPMENT RENTALS

- | | |
|------------------|--------------------|
| Wet suit - \$12 | BCD vest - \$15 |
| Regulator - \$15 | Fins & Mask - \$12 |
| | Tanks - \$28 |